

# junior activities

## at Crystal Leisure Centre

Bell Street, Stourbridge, DY8 1AE, 01384 812800

[www.dudley.gov.uk/sport](http://www.dudley.gov.uk/sport)

### Junior Swimming Lessons

#### Parent & Toddler Sessions

Our parent and toddler sessions are suitable for children up to four years of age. You and your child can swim in warm water in a safe and quiet environment with qualified instructors.

The session is aimed at developing water confidence and incorporates singing and games as part of the session. It is an ideal initiation into the water for babies and toddlers.

#### Casual Session (no need to enrol, just turn up and try)

Monday 3.15pm - 3.45pm

If your baby enjoys the session why not enrol them on to one of our courses

#### Courses (during school term time - enrolment essential)

Tuesday 9.45am - 10.15am and 10.15am - 10.45am

Thursday 2pm - 2.30pm and 2.30pm - 3pm

#### Junior Lessons

Half hour lessons are held on the following days during Dudley Council school term-times  
Mondays, Wednesdays and Fridays 4pm - 7.15pm  
Saturday 9am - 12.15pm, Sunday 9am - 11.45am

Email: [sport@dudley.gov.uk](mailto:sport@dudley.gov.uk)

What is the nature of the disability?  
.....

Is there anything your child needs additional help or support with?.....  
.....

Please advise if there is any activity that your child is not able to participate in or you would not wish them to engage in.....  
.....

Please give as much information as possible regarding your child's condition. The more information we have, the better we can cater for their needs.

#### What services does your child access?

Speech & language therapy Yes  No

Physiotherapy Yes  No  Occupational Therapy Yes  No

Physical & sensory service (Access & Inclusion Division) Yes  No

Are you aware whether your child has an individual risk assessment for PE & sport at School? Yes  No

If yes, do you consent to us having a copy of the individual risk assessment Yes  No

Is there any additional information regarding your child that you feel maybe useful?  
.....

How does your child's condition affect their ability to participate in sport and physical activity? Please give us as much information as possible. This will not prevent them taking part, but will help us provide the best service we can appropriate to your child's needs  
.....  
.....

#### Consent Statement

I consider him/her capable of taking part in the sports activity apart from any exceptions noted above. I have completed the medical details and consent that in the event of any illness/accident; any necessary treatment can be administered to my child by an appropriately trained person. If at any time any of the above information changes I agree to inform you as soon as is reasonably possible:

Parent/Carer Name.....Relationship to Child.....

Parent/Carer Signature.....Date.....

#### Data Protection

Personal data supplied will be held on computer and processed in accordance with the requirements of the Data Protection Act 1998. It will be used for the purposes of statistical analysis, management, planning and in the provision of services by the Council. We may share your information with our partners who will help us keep you informed of the services we offer. By providing your details you are agreeing to be contacted regarding these services. If you would prefer not to be contacted please tick this box

For further information regarding the use of your data, please contact 01384 812921

Correct at time of printing December 2017

**Dudley**  
Metropolitan Borough Council

  
**Let's Get Healthy  
Dudley**

We offer a range of swimming lessons which take place during term time in the safe environment of the 25 metre teaching pool. All of our instructors are fully qualified experienced swimming teachers who give encouragement and reassure all nervous children in the water.

Children can start lessons when they are four years old, progressing from total beginners through to stage seven of the ASA National Teaching Plan

Although parents are not allowed to watch the lessons (as this often distracts the child) once a term, one week is set aside for Parent Watch Week, when parents are encouraged to see the progress their child has made.

A range of badges are used which test both skills and stamina of the child. The implementation of the ASA National Teaching Plan ensures that each child progresses through the correct skill and stroke development. All badges can be purchased from reception on production of a pass from the child's swimming teacher.

Some pupils have progressed to represent local Swimming Clubs (Stourbridge Swimming Club). They meet at the centre on a regular basis to train. Several other pupils have further developed to county level and achieved National medals.

Due to the popularity and the success of the swimming lesson programme at the Crystal Leisure Centre, a waiting list is often in operation. To reserve a place, please fill in the form opposite and return it to reception. Once you have enrolled on your first course, you are then given priority during re-enrolment week to re-enrol on the next term's course. Posters will be displayed around the centre to remind parents when re-enrolment week takes place. Dates are also shown within

Your Guide to Junior Swimming Lessons at  
Crystal Leisure Centre.

We welcome children with special needs and also run lessons for children with disabilities, but if your child has any special requirements can you please let the swimming administrator know when you fill in the form.

MEMBER NO.....

## Parental Consent Form

To reserve a place on the Junior Swimming waiting list please complete and return. Participants details (PLEASE PRINT CLEARLY), complete both sides

Please tick appropriate session:

**Junior Lessons** [  ] **Parent & Toddler** [  ] **Intensive Holiday Course** [  ]

Date consent form covers from:.....To.....

First Name..... Last Name.....

Age.....Date of Birth.....

Home Address.....

Post Code.....Email.....

Parent/Guardian Full Name.....

Emergency Contact Name/relationship 1.....

Emergency Contact Number 1.....

Emergency Contact Name/relationship 2.....

Emergency Contact Number 2.....

School.....

Doctors Name and Address.....

Previous swimming badges or experience.....

Any siblings attending lessons Name/Day/Time.....

Medical Information .....

Medication (NB if your child has asthma they must bring their blue inhaler with them), allergies dietary/special requirements/access issues

Is there any additional information you feel may be relevant e.g. English is not the child's first language.....

### Equal Opportunities

Dudley Council are committed to a policy of ensuring equality of opportunity in sport and to taking action to avoid discrimination. To see if this is having any effect we monitor the sex, age, ethnic origin and disabilities of all participants. You are therefore requested to provide the monitoring information outlined below.

Gender Male:  Female

**Ethnic Origin** Please tick the box which reflects your origin:

Asian or Asian British  Black or Black British  Chinese or Other  Mixed

White  Do not wish to disclose

**Disability** The Equality Act 2010 defines a disabled person as anyone with 'a physical or mental impairment that has a substantial and long term adverse effect upon his/her ability to carry out normal day-to-day activities.

Do you consider your child to have a disability? Yes No (if yes, please see overleaf, if no, continue to consent statement also overleaf).

OFFICE USE ONLY: On System..... Letter sent.....