

If you have sight
problems we can help.

We can help you to make the
most of your visual ability.

Vision Support Service

0300 555 0055

We can provide support
to help you live independently.

Difficulty seeing?

Do these statements describe you?

- **I have poor vision which cannot be corrected by glasses**
- **I don't really want help - I just want to stay independent**

but because of my sight loss

- **I can't see to read important letters or to manage money**
- **I don't cook any more - I have lost confidence**
- **I used to like to do my own shopping but I do not go out anymore - I am frightened of falling**
- **I do not feel safe travelling alone by bus and so I do not meet my friend in town anymore**
- **I don't like to keep asking others for help.**

The Vision Support Service

Our rehabilitation workers are trained to provide support to help you live independently.

Your vision is unique to you and we can help you to use the sight that you do have to the best possible advantage.

We can offer advice and support at home about such things as:

- lighting levels**
- different types of magnification**
- safe pouring and cooking techniques**

and when you are outside and travelling about we can offer advice and support with such things as

- using symbol or guide canes safely and effectively**
- route training - getting about on foot or using public transport to the regular places you want to get to.**

Following assessment some aids may be provided on loan or through the assistance of a direct payment.

This service is available to all Dudley residents with poor vision. You do not need to be registered as Sight Impaired or Severely Sight Impaired.

This information leaflet is also available in Braille or as an audio CD. For more information contact the Vision Support Service.

**To contact the
Vision Support Service
telephone 0300 555 0055**