

What is Extra Care Housing?



Extra care housing

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- Extra Care Housing is a type of purpose built housing scheme that is designed to enable people aged over 55 to live independently in their own self-contained homes whilst living in a wider safe and supportive environment containing a range of on-site facilities and services.
- This type of housing is popular with people whose disabilities, frailty or health needs make ordinary housing unsuitable but who do not need or want to move to residential or nursing homes.
- By living in these specially designed schemes many older people are able to better manage their own care needs (self-care). They also have the reassurance of knowing that a range of services are near at hand if their needs change and they become more frail. For many people this means that they won't need to move home if their care and support needs change. For many people this housing option is a real alternative to residential care as it offers good quality on-site care and support with more privacy and security of tenure.
- The high quality, well-designed apartments are level access so there are no stairs to climb. They are spacious and are suitable for wheelchair users.
- Each scheme offers a range of facilities that help to ensure that older residents have a good quality of life. These may include a restaurant, hairdresser, gym, garden and lounge areas where social activities take place.

What type of care and/or support is provided?

- There are different levels of care and support provided. These are based on your individual need. Your needs are reviewed on a regular basis.
- Examples of the care and support that can be provided:
 - Personal care to help with bathing, meals, medication
 - Support to access other services, for example, GPs, help with budgeting
 - Telecare - alarms to alert people if you have a fall, aids to help people with dementia do everyday tasks
- The care and support is funded in different ways, depending upon the circumstances of the individual resident. The funding options include:
 - The resident funds and purchases their own services
 - The resident is assessed and meets the Council's Adult Social Care criteria and receives a direct payment from the council in order to meet the cost of the care
 - The care and support is funded from a combination of the two options listed above.
- Some residents will not require any care and support.

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Will I be expected to take part in activities?

- The choice is yours. You can join in with the range of activities that are provided within the scheme but there is no obligation to do so.

Can I rent or buy a home?

- You can buy an apartment or part buy (shared ownership)
- You can rent an apartment

What Extra Care Housing Schemes are there in the Dudley Borough?

Midland Heart

- Broad Meadow, Red Kite Drive, Dudley, West Midlands, DY1 2GS
- Willowfields, Whitehouse Street, Coseley, West Midlands , WV14 8HF
- Lime Gardens off Slade Road, Cradley – coming soon

Bromford Support

- Beacon Court (for the visually impaired), Wolverhampton Road East, Sedgley, WV4 6AZ

Who can I contact to find out more information or apply for a home?

- If you would like to discuss the range of care and support that is provided please see the information on the Dudley MBC website <http://www.dudley.gov.uk/resident/care-health/dudley-social-services/do-you-need-support-now/adult-care-journey/funding-criteria/> or call 0300 555 0055
- To find out more about your housing options including Extra Care please see the information on the Dudley MBC website <http://www.dudley.gov.uk/resident/housing/finding-a-home/> or call Dudley Council Plus and request a Housing Options Interview 0300 555 2345
- You are welcome to contact any of the scheme managers to arrange a visit:

Midland Heart **0800 44 55 67**

Bromford Support **0330 1234 034**

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