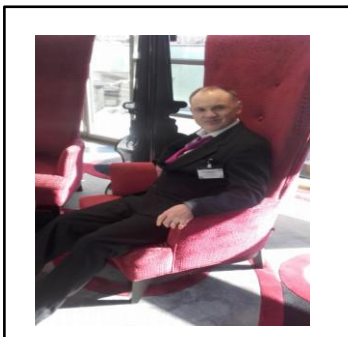


4 Seasons News

for people with learning disabilities by people with learning disabilities



Hello. This is the Spring newsletter.. Jackie was nominated by people with a learning disability for the Great British West Midlands Care Awards and she won – The Good Nurse Award. Jacqui was happy she got the award as she was doing what she loves doing and felt good that people were happy with the work she had done. Jacqui will be celebrating her 30th year as a learning disability nurse this year.



We would like to congratulate Neil Davies on being elected to be a part of the e National Learning Disability Forum. To represent the West Midlands Region.

For Learning Disability Awareness week we are going to be showing the great work you do everyday at The Archives centre. Would you like to show your work. Get in touch if you do.

Be a guest reporter. Share your passion or news. Let us know what you want in your newsletter.

Safety in your home



Lock all outside doors and check all your windows are locked even if you're just popping out for a few minutes and make sure everything is locked up fully before you go. If you have a career or relative with their own key, make sure they securely fasten your door. Keep your ladder and garden tools locked away.

For more advice on keeping your home secure contact your local safety neighbour team at your nearest police station.

<http://www.west-midlands.police.uk/saferhomes/index.htm>



Keeping safe in the sun

As the summer is coming please drink plenty of water and wear sun cream, to keep cool you can also wear a sun hat and also try to stay in the shade.

X	P	H	E	A	L	T	H	R	K
G	D	O	C	T	O	R	S	D	B
V	N	Z	C	F	E	E	T	S	X
L	U	D	C	A	N	E	Y	E	S
P	R	S	C	K	Q	E	L	N	E
D	S	Z	T	E	E	T	H	H	A
X	E	M	S	J	K	R	L	S	R
B	L	O	O	D	T	E	S	T	S

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