



4 Seasons News

for people with learning disabilities by people with learning disabilities



Jacqui Howells works at Russells Hall Hospital. She is the learning disability liaison nurse. Jacqui works Monday to Friday. There are 25 learning disability champions at the hospital. Jacqui supports the champions to help people with learning disabilities when they are at the hospital.







Hello, this is Octobers edition of the newsletter. We would like to thank you all for taking the time to read it and for taking part in some of the activities that we put in the newsletter. We hope you continue to support us. Thank You

Competition

We want to share your talents. We are looking for poems and art work to display in the local libraries. Please send to -Dudley Voices For Choice at DY1, Stafford Street, Dudley DY1 1RT Lets Go To The Party.
Lets play Party Games.
Lets Watch The Bonfire
And its Wonderful
Flames. Lets Eat Candy
Floss.

And Toffee Apples Too. Lets Ride on The Fair. And Enjoy All the Things. To Do. By Ken Chance



Winter Safety

As the colder weather comes around again here's a reminder to wear warm clothes. To eat and drink warm food and drinks. This will help you keep safe and well throughout the winter.



Flu season is coming. You will be offered a flu vaccine at your doctors surgery. This will help you to keep fit and well.



Safe Places

Safe Places is somewhere that you can go to get help when you are out in the community and you need some support.

A Safe Place has a sticker in the window. Safe Places are all around the Dudley Borough. If you need to find out where they are you can look on - www.dudleyci.co.uk or call 07930 636552.

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Word Search

FIREMAN
FIRE ENGINE
BUCKET
POLE
HELMET
UNIFORM
HOSEPIPE
TELEPHONE
FIREBELL
STATION

Learning Disabilities Ladies Walk Centre Priory Lane, Sedgley DY3 3UA





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