

# 4 Seasons News

for people with learning disabilities by people with learning disabilities



Hello everyone. This is the July 4Seasons newsletter.

We would like to welcome Dan who is a new member of the newsletter team.

We hope you all have a lovely summer.



In April DVC and Healthwatch Dudley held an event.

People with learning disabilities asked local MP's questions about things important to them.

All the questions were about issues for people who have learning disabilities in Dudley.

The Politicians listened to what everybody said.



## Competition

We are holding a competition this month.

We want you to send us a poem you have written about Bonfire Night.

The winning poem will be printed in the next newsletter.

All poems we get will be put on show for the public by Dudley Libraries.



## Netherton Buddies

Volunteers were found for people who have a learning disability in Netherton.

The buddies helped people go to clubs and activities for the first time. They wanted to give people the confidence to go on their own.

We hope this will be able to carry on in the future for all people who have learning disabilities in Dudley.



## Summer Safety

Use sun cream, wear a sun hat and sunglasses to stop the sun burning your skin.

Try to stay out of the sun between 12-3pm as this is the hottest times of the day.



Make sure you have lots of drinks, you need to drink more in hot weather.

Don't go too deep when you are in a swimming pool or in the sea.

## Police interview



We interviewed Sarah Nixon who is the vulnerable persons officer for Dudley Police.

1. What do you do?

**Sarah said she supports vulnerable victims of crime.**

2. Do you have any training for police officers about Learning Disabilities and Autism?

**Sarah said yes there is learning disability and autism training available.**

Sarah Nixon will be working with DVC to promote the Safe places scheme.

A	I	D	O	L	O	T	I	O	N
P	E	B	B	L	E	F	G	J	P
H	I	C	E	C	U	B	E	S	I
A	Y	B	Z	R	X	B	U	K	C
S	F	U	H	J	I	Q	D	A	N
A	D	C	A	R	A	V	A	N	I
N	G	K	A	W	Y	S	J	I	C
D	D	E	C	K	C	H	A	I	R
A	F	T	G	Y	C	X	Q	P	B
L	F	H	S	A	J	Z	S	U	N

## Word Search

- BBQ
- BUCKET
- CARAVAN
- DECKCHAIR
- ICECUBE
- LOTION
- PEBBLE
- PICNIC
- SANDAL
- SUN

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