



For more leaflets, or to obtain further information, please contact:

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WE OFFER HOPE, BUT NOT A CURE



NAS EarlyBird Parent Programme



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What is the NAS (National Autistic Society) EarlyBird Programme?

- ◆ The NAS EarlyBird Project was set up in 1997 to develop and evaluate an autism specific model of early intervention using a parent programme.
- ◆ The NAS EarlyBird Programme is a 3 month parent programme which combines group training sessions for parents with individual home visits, when video feedback is used to help parents apply what they learn, whilst working with their child.
- ◆ Parents have a weekly commitment to the 2 1/2 hour training session or home visit (which lasts approximately 1 hour) and ongoing work with their child.

Who can take part?

- ◆ Parents and carers of pre-school children with a diagnosis of Autistic Spectrum Disorder. Two places are offered per family.
- ◆ The NAS EarlyBird Programme works with six families per programme, and encourages participants to share their experiences.

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What are the aims of the NAS EarlyBird Programme?

- ◆ To support in the period between diagnosis and school placement.
- ◆ To empower parents / carers
- ◆ To help establish good practice at an early age, to preempt the development of inappropriate behaviour (s).

What are the aims of the NAS EarlyBird Programme?

- √ Understand your child's Autism
- √ Encourage interactions
- √ Develop strategies to cope
- √ Empowering parents