Swimming admission policy

- All children under the age of eight must be accompanied into the water by a responsible person aged at least 16 years old. The responsible person must go into the water with the children they are accompanying. While in the pool the responsible person must maintain a constant watch over the children for whom they are responsible.

- One responsible person may accompany up to two children under the age of eight.

- Children aged eight or over must use their own gender changing rooms.

- All swimmers should shower and use the toilet prior to entering the pool. Children who are still in nappies must wear an appropriate swim nappy. These are available to purchase from reception.

- Masks, flippers, snorkels and large inflatables are not allowed in the pool during public swimming sessions.

- All swimmers should comply with the swimwear policy.

- Persons who appear to be under the influence of alcohol or drugs will be refused entry.

- Current or recent illness including respiratory problems, infection, digestive upset and rashes are indications that you should not swim. Any person with a recent history of diarrhoea (i.e. within the last 14 days) should not swim.

- Our lifeguards are here to assist you and are entitled to work in a safe environment. Abusive, threatening and violent behaviour will not be tolerated.

For more information call 01384 812800 or visit www.lets-get.com